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If I asked you, Who has the deadliest Muay Thai in MMA, chances are you'd say, Anderson Silva and if you didn't say then I'd probably call you a liar.

<http://fiveouncesofpain.com/2011/07/05/book-review-mma-instruction-manual-by-anderson-silva/>

Dec 06, 2008 So I was very excited to receive the latest Victory Belt publication in the mail: Anderson Silva's MMA Instruction Manual STRIKING. Like the others, this

<http://www.bloodyelbow.com/2008/12/7/684383/bloody-elbow-book-review-a>

Mixed Martial Arts Instruction Manual: Amazon.es: Anderson Silva, Glen Cordoza: Libros en idiomas extranjeros

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Aug 19, 2011 Victory Belt released Anderson Silva's MMA Instruction Manual: The Muay Thai Clinch, Takedowns, Takedown Defense, and Ground Fighting. This is a sequel to

<http://www.bloodyyellow.com/2011/8/20/2373370/book-review-anderson-silvas-mma-instruction-manual-the-muay-thai>

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Very few of us can afford to take a trip to Brazil to train exclusively with Anderson Silva, let alone afford to even charter that plane ride in the first place.

<http://www.thefightnerd.com/anderson-silva-mma-instruction-manual-book-review/>

Secret training manuals, magic swords, and flying kung fu masters these are staples of Chinese martial arts movies and novels, but only secret manuals have a basis

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